

Why TricorePT?

Success Stories

Here's what just some of our friends have to say about the treatment they received from the staff at TriCore Physical Therapy.



“I tore my ACL and meniscus during my junior basketball season, which was very difficult both physically and emotionally. Following surgery, instead of dreading going to therapy like I thought I would, I looked forward to my sessions. The staff at TriCore treated me like family. They don’t only help with the physical side of recovery, but the emotional side as well. I am now five months out of surgery and have begun training to return to the basketball court for my senior season. I know I wouldn’t be as far along as I am if it wasn’t for the expertise and motivation from my “family” at TriCore.”

– Kyle, Highland, IN



“My first encounter with TriCore was following my first knee replacement. From my first smiling and greeting from Lori the receptionist to my consultation with the therapist that first day, I felt I had made the right decision. Their detailed instructions, encouragement, caring and cheerful attitude helped to me exceed my expectations. Within six weeks of surgery, I was able to do more activities than I had done in years. I am scheduled for my other knee to be replaced soon. There is no place I would choose for my Rehab other than TriCore, and no other place I would recommend.”

– Peggy, Crown Point, IN



"When Kate was 5 years old, we began to notice some changes. She began experiencing swelling in her wrists, knees and ankles which greatly affected her ability to run and play like we were used to seeing her do. She was struggling playing her favorite sport, softball. She was diagnosed with JRA, Juvenile Rheumatoid Arthritis and our world was turned upside down. Along with medications, we were referred to the amazing team at TriCore Physical Therapy. From the start, we were treated like family, our questions were answered and our daughter fell in love with the therapists. Over time, largely because of the great care at TriCore, her swelling decreased, her strength and function increased and she is playing softball now without any limitations. We are so happy we chose TriCore, you will be as well."

– *Kate and Debbie, St. John, IN*

"The whole experience was amazing! I couldn't have asked for a better team for my recovery. They make you feel that you are part of the family."

– *Doug, St. John, IN*

"I was going to another therapy center before coming here. I couldn't believe the difference. Not every therapy center is the same. Ever since the first time I was seen, it has been a great, rewarding and healing experience for me."

– *Brett, Dyer, IN*

"My knee feels as good as new! I had a great time working with Ryan...he makes it a very fun and welcoming, yet professional atmosphere. I would highly recommend him to anyone!"

– *Jake, Div. I football player*

"Before coming for treatment, I could not move my neck due to terrible pain. After a few weeks, I am like new! Thank you so much for giving me back health."

– *Mary, Cedar Lake, IN*

"I came to see Ryan after suffering a torn rotator cuff in my right shoulder. I cannot say enough good things about the therapy I received. My progress has been 150%! I love the fact that it is so "hands-on". I am doing all my regular activities with NO pain anymore."

– *Nicole, Crown Point, IN*

"My progress has been remarkable! My original pain is gone, I can sleep at night, do housework and garden now. I would recommend TriCore to everyone!"

– *Karen, Schererville, IN*
