Introduction to Pediatric Issues

Physical Therapy in St. John & Cedar Lake IN for Pediatric Issues

As adults, we are able to identify where pain is coming from and verbalize it correctly to a Physical Therapist or other pain management professional. However, when it is a child who is experiencing pain, or dealing with some level of injury, it is more complicated to figure out what is wrong in order to determine the type of care the little one in our life needs. Furthermore, because a child's body is always growing, it is important for an adult to understand how this can contribute to a healthy existence and promote good playtime activities and responsible practices for staying fit and healthy.

Click on a link below to learn more about:

- Pediatric Issues
- FAQs
- Research Articles

As is the case with any type of pediatric care, a parent or guardian wants to make sure they are taking the correct steps and working with the right professionals in order to benefit their child. An adult never wants to worry that they are overdoing or under-doing treatment, or doing something unnecessary altogether, just because their child may not be able to correctly tell them where or how it hurts or verbalize the issue they may be having.

This area of our site is dedicated to help parents, aunts, uncles, grandparents, or any responsible adult who has a child, understand how to keep them healthy and happy when they are playing hard and having fun. It is this area where you will find resources to support and care for your child regardless of their activity, their sport, or their age.

It is our aim to provide resources to you that cover a wide variety of pediatric issues in order for you to help your child run, jump, play and feel the way a kid should feel....great!

TriCore Physical Therapy provides services for Physical Therapy in St. John & Cedar Lake IN.